

SENTIMENTAL JOURNEY CLEANING

Downsize & Declutter



Sentimental Journey Clean + Organize Package - cleaning out the home of a loved one who has recently died or entered an assisted living facility is something most people fear, especially if they have no idea what to do with all the items their loved one has accumulated.

Here enters Sentimental Journey Clean + Organize service. It's a cleaning basically decluttering in your later years so that your loved ones aren't left with the dreaded task. Still, it can be a difficult awkward conversation with your loved ones as nobody wants to imply that grandma has one foot dangling in the grave. If you believe that the person in question might be somewhat put off by the task - take a different approach.

Once your loved one is on board with a full house declutter you can offer to lend a hand or use the services of a Professional Organizer like Lifestyle by Design Clean + Organize services. When working with clients our lifestyle organizers start slowly - the client chooses the room or space that is bothering them the most. We handle every item, while the client makes the decision - then we move on to the next room or space.

You may think this is a time-consuming task but we can often complete 2-4 rooms at each session.

10 steps to help get you started:

1. Schedule a block of time to focus on decluttering
2. Keep only what you've used in the year
3. Get rid of duplicate items
4. Create a designated spot (A Home) for items you want to keep
5. Utilize your furniture storage - bookcases, desk with hutch, under beds
6. Label every item container
7. Cut back on paper clutter - digitalize your keepsakes
8. Divide your remaining items into 3 piles - Trash, Sell, Donate
9. Adopt policies like - put items back, bring in 2 items remove 2 items, etc
10. Plan another decluttering session