



Sentimental Journey Clean + Organize Package - cleaning out the home of a loved one who has recently died or entered an assisted living facility is something most people fear, especially if they have no idea what to do with all the items their loved one has accumulated.

Here enters the **Sentimental Journey Clean + Organize service**. It's a cleaning basically declutter-process in your "later years" so that your loved ones aren't left with the dreaded task. Still, it can be a difficult awkward conversation with your loved ones as nobody wants to imply that grandma has one foot dangling in the grave. If you believe that the person in question might be somewhat put off by the task - take a different approach. But, in my twenty years of experience, it is a conversation to fight for in order for Peace of Mind!

Once your loved one is on board with a full house declutter process you can offer to lend a hand or use the services of our ***Lifestyle by Design Clean + Organize services***. When working with clients our Lifestyle Organizers start slowly - the client chooses the room or space that is bothering them the most. We together with the client(s) handle every item, while the client makes the decision - then we move on to the next room or space.

You may think this is a time-consuming task but we can often complete 2-3 rooms at each session depending on the scope of clutter inside the space.

10 steps to help get you started:

1. Schedule a block of time to focus on decluttering
2. Keep only what you've used in the year
3. Get rid of duplicate items
4. Create a designated spot (A Home) for items you want to keep
5. Utilize your furniture storage - bookcases, desk with hutch, under beds
6. Label every item & container
7. Cut back on paper clutter - digitalize your keepsakes
8. Divide your remaining items into 3 piles - Trash, Sell, Donate
9. Adopt policies like - putting items back, bringing in 2 items removing 2 items, etc
10. Plan another decluttering session