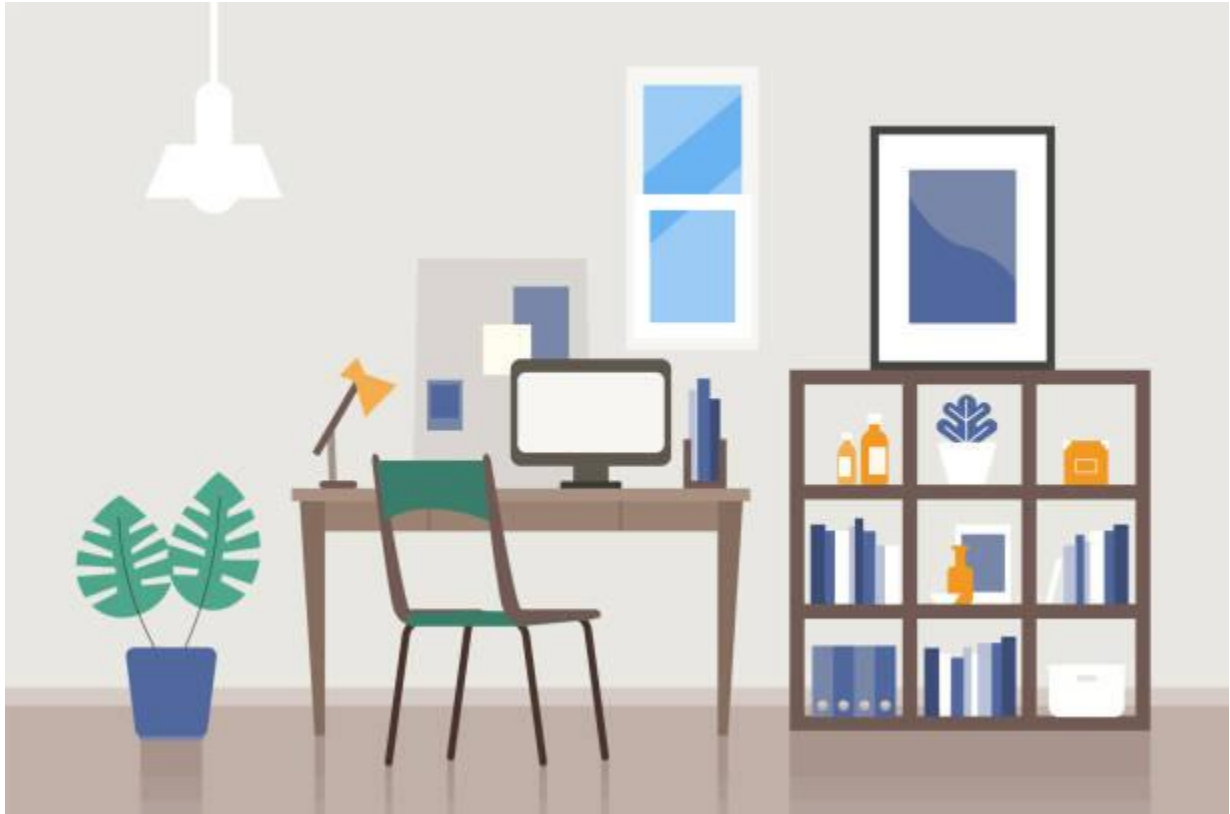


Simplify Your Schoolwork . . . For kids



Organizer & Coach for Kids. These are consultants you can hire. But, they're not tutors who help build academic skills. Instead, they work on building organization and time management skills. They can also work on study skills in reference to keeping great notes and keeping track of important paperwork.

ClutterBug to Clean Coaching Program For Kids

After 20+ years of organizing countless homes and working with hundreds of clients from around the country and the world. I've discovered an undeniable fact: Organization is not a skill you're born with . . .

Here's what your child will learn...

First that they're not a clutter bug, they just organize differently.



Discover your unique organizing style and how to redesign your space so that it stays organized for a long time.



Find out what motivates your UNIQUE style and how to overcome procrastination (putting things off) indecision (hard to decide) and fear of letting go of your stuff.






Download the many free printables to help get jumpstart your journey on a path from clutter-bug to clean.



Simplify Your Schoolwork Coaching Program . . . for Kids

This program works effectively for elementary, middle, and high school students. LBD Organize & Coach program helps them to be productive with their school work and projects. The guidebook or in-person helps your child to learn how to manage their time, prioritize their school work and projects, take school notes more efficiently, and study with purpose. They will learn new habits to keep their rooms and homework area clean and organized. These new behaviors have been known to spread to other areas of their lives.

UNITS: THE UNITS CAN BE USED IN AGE GROUPS

Ages 5-8 Explore 	Ages 9-12 Experiment 	Ages 13-16 Engage 
<ol style="list-style-type: none"> 1. We will start by decluttering your room 2. We will next declutter the homework area we decided on. 3. We will set up your workspace 4. We will next redesign your room (if needed) 	<ol style="list-style-type: none"> 1. Create a Task plan 2. Create a Mind-Map 3. Prioritize where to start 4. Remember your 'Preschool Classroom'? We will follow that foundation 5. Create a vision board 	<ol style="list-style-type: none"> 1. Plan your categories 2. Let it Go 3. Assign a space 4. Containers 5. Evaluate <p>We will use the simple PLACE formula to declutter your space(s)</p>

Curriculum:

Explore goals	Define zones	Assess program
<ul style="list-style-type: none"> ★ Let's label each zone ★ Complete a checklist of cluttered areas ★ We will tag what you want to: <i>Keep</i> <i>Toss</i> <i>Donate</i> <i>Sell</i> 	<ul style="list-style-type: none"> ★ Draw out a map of the areas where we created zones ★ Taking measurements (it will save you from moving items more than once) ★ Rearrange furniture to use the space more efficiently ★ Create storage units 	<ul style="list-style-type: none"> ★ Clean the zones ★ Detail the new systems, and make sure the systems we created are the best for the spaces ★ Assess new habits, and modify them if needed ★ Create a NEW vision board for a completed project



Coaching Packages Price List

Footpath! Package	Pace it! Package	Power Walk!
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****IN-PERSON COACHING - LOCAL ONLY****

Contact me for the price

<i>Take the first step</i>	<i>Walk Precisely</i>	<i>Walk with Purpose</i>
<p>Online course (4 week) 12-hour/In-person organizer & coach</p> <p>*email-chat-call-text support</p> <p>*printables, ebooks, guides</p> <p>*Assessment - Walk & Talk checklist</p> <p>*Short-term goal setting</p>	<p>Online course (24 week) 72 hours/In-person organizer & coach</p> <p>*email-chat-call-text support</p> <p>*printables, ebooks, guides</p> <p>*Assessment - Walk & Talk checklist</p> <p>*Short/Long term goal setting</p>	<p>Online course (52 week) 156hrs/in-person organizer & coach</p> <p>*email-chat-call-text support</p> <p>*printables, ebooks, guides</p> <p>*Assessment - Walk & Talk checklist</p> <p>*Long term goals</p>

****Online & In-Person organizational session is always accompanied with a parent or legal guardian****



Few ways to help your child stay clutter-free . . . for longer than a weekend!

1. **Create clutter zones.** Differentiate between workspace and clear space in their bedroom. For example, allow your son/daughter to keep their worktable and nearby shelves however he wants...if they want a mess in that space let them have it! But the areas around the door and closets must be clutter-free. Allow for "clutter-free days." Your child can have free rein over his room Monday through Friday, but Saturday is family cleanup day. Also, make sure he/she has ample space in their room to work on creations and display their projects. Perhaps a workstation with pull-out drawers and shelves above will do the trick of reining in the pieces and projects.
2. **Give up full control.** Kids crave independence, so empower your child by giving them choices while setting boundaries. For example; tell your child they can keep their rooms the way they like but they are now responsible for their own laundry. That idea of the *one-freedom-for-one* rule makes kids more likely to comply with your clutter commands.
3. **Partner-Up! Before parenting.** You have the perfect partner in your children. Sit down with them and simply ask what they think would work to solve this clutter situation. What do they need to make it better for both of you? Perhaps a rolling cart with drawers would do the trick, or a corner of the dining room to work on their projects? You'd be surprised how creative kids can be when they are simply asked!



Space for Notes:





GOAL ACTION *plan*

 GOAL	WHY	MOTIVATION 
START DATE	DEADLINE	REWARD
 OBSTACLES TO OVERCOME	RESOURCES 	
 BIG STEPS _____ _____ _____ _____ _____ _____	LITTLE STEPS _____ _____ _____ _____ _____ _____	NOTES 

Lifestyle by Design

Try this Goal/Vision board - I post pictures & words in the designated places- you can overlap them or post them in an orderly style . . . no right or wrong way.

